



FONDÉE EN 1881



World Cup Trampoline & Tumbling

Zielona Gora – Poland

31.08 - 01.09.2007

WORK PLAN



ZIELONA GORA – Poland

July 2007

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1. GENERAL INFORMATION

This Work Plan has been developed in accordance with the following FIG regulations and rules:

1. Statutes
2. FIG Technical Regulations 2007
3. FIG Trampoline Code of Points 2005 – 2008
4. FIG Rules for Trampoline & Tumbling World Competitions 2007 – 2008
5. Medical Rules
6. Rules for Advertising and Publicity
7. Regulations for Awards Ceremonies

and subsequent decision of the FIG Executive Committee and TRA - TC

2. COMPETITION VENUE

Nationale Sport Centre MOSiR
Urszuli 22 street
65 – 147 Zielona Gora
POLAND

3. COMPETITION DATES

29.08 – 02.09.2007

4. RESPONSIBLE PERSONS

4.1 ORGANIZING COMMITTEE

TRAMPOLINE GYMNASTICS COMMITTEE



President
Horst KUNZE
(Federation of Germany)
Detmolderstrasse 33
31737 RINTELN
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2nd Vice-President
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Member
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Member
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Member
John D. BEETON
(Federation of England)
24, Park Drive
STONEHAVEN AB39 2NW
Scotland
mailto:john@jbeeton.wanadoo.co.uk

Organising Committee

Bronislawa Grupa
Bogusław Sulkowski
Iwona Awizen
Roman Romanowski
Robert Zapotoczny
Janusz Dopierala
Oskar Tatarynowicz
Marek Marucha
Jarosław Taryma
Radosław Walczak
Sławomir Szliter
Danuta Okinczyc
Andrzej Stolarski

President
Competition Director
Finances, Accreditation
Accommodation, Meals
Doctor
Computer service
Computer service
Results Presentation
Trainings and warm up
Transport
Media
Awards Ceremonies
Manager of Sports Hall

Sound and light – Regionalne Centrum Animacji Kultury w Zielonej Górze
Director – Gerard Nowak

Announcers of competition – Beata Pakulska – English, Marcin Nowak - Polish

4.2 OFFICIAL FIG TRA –TC & REPRESENTATIVE

Tatiana SHUYSKA

5. ORGANIZING COMMITTEE ADDRESS

Stowarzyszenie Akrobatyki Sportowej
Urszuli 22 street
65-147 Zielona Góra
Phone/fax : + 48 68 324 84 59
E-mail: dyrektor@lfs.zgora.pl
www.sas.hg.pl

6. INSURANCE

Article 12.10 of the FIG Technical Regulations foresees that all participating federations and clubs are obliged to cover the expenses for all members of their delegation for the necessary insurance coverage against accidents and illness.

The Organizing Committee will verify the insurance of all federations and clubs at accreditation. Federations and clubs who cannot give proof will have to buy the insurance offered by the OC at their own cost.

7. OFFICIAL LANGUAGE

The official language of the World Cup is English. Interpretations from and into other language must be organized by the delegations. Announcements will be made in English only. The Work Plan and all other documents are available in English only.

8. TRANSPORTATION

The Organising Committee will provide the transportation from/to airports- Zielona Gora. The participants will pay.
Berlin (Tegel, Tempelhof, Schonefeld): 150 km (3,5h by bus from Zielona Gora) € 50/pers. Poznań – Ławica airport: 110 km from Zielona Góra (2,5h by bus from Zielona Gora) € 30, Wrocław airport: 150 km Zielona Góra (2,5h by bus from Zielona Gora) € 30 Rail way station: Zielona Góra - € 0
There will also be free transport provided between competition venue and the officials hotels.

9. ACCREDITATION

Accreditation Venue : Nationale Sport Centre MOSiR Zielona Góra,
Urszuli 22 street

When all the commitments are fulfilled, all delegation members will receive accreditations. The accreditations is personal, non transferable and compulsory to receive acces to the training and competition hall, the lunch halla and the banquet. All participants and officials are require to wear the accreditations at the all times.

All members delegations must forward 1 passport photo (Format jpg or tif) of each delegation member to the organizers. The passport photos are accepted by e-mail or by ordinary mail and must be sent directly to the organizers. The name of the person must be printed on the back of the photograph – if send electronically, the name of

the person shall be part of the file name. If there will be send no photo before the competition the price for one picture is 5 EUR / photo in accreditation /.

10. VISAS

Please check immediately with your travel agent or the Polish Embassy or Consulate in your country, if a visa is required for your travel to Poland.

11. HOTELS

1. Hotel* 60 euro /day / person – including meals (breakfast, lunch, dinner, banquet), double/triple room
Hotel “Lesny” – Sulechowska street
Hotel WOSiR Drzonkow – Olimpijska street
WOSiR Drzonkow – bungalow – Olimpijska street
2. Hotel** 80 euro /day / person – including meals (breakfast, lunch, dinner, banquet), single/double room
Hotel WOSiR Drzonkow – Olimpijska street
Hotel “Srodmiejski” - Kupiecka street
3. Hotel *** 100 euro / day / person - including meals (breakfast, lunch, dinner, banquet), single/double room.
Hotel “Polan” - Wyspianskiego street
Hotel “Srodmiejski” - Kupiecka street

31 July 2007 Definitive booking of accommodation and deadline for payment of accommodation (deadline to guarantee accommodation). The remaining 50% must be paid to the same bank account.

Meals information:

Breakfast - at your hotel

Lunch - at lunch hall in competition venue

Dinner - at lunch hall in competition venue

12. GENERAL PROGRAMME / see enclosure /

Wednesday, 29th August 2007

Arrival of delegations and officials

Accreditation

02 – 08.00 pm - Free training

Thursday, 30th August 2007

Arrival of delegations and officials

Accreditation

02.00 - 08.00 pm training by timetable

03.00 pm Welcome Reception City / town – hall / , 1 person from country,

08.00 - 08.30 pm Orientation Meeting (Sports Hall)

08.30 - 09.00 pm Judges Meeting (Sports Hall)

Friday, 31st August 2007

08.30 - 09.15 am training for synchronized (men/women), and tumbling women

09.30 - 11.50 am qualification synchronized women and men, tumbling women

03.15 - 05.00 pm training for trampoline individual women and men, tumbling men

05.30 pm Opening Ceremony
06.00 - 10.10 pm qualification trampoline individual women and men, tumbling men

Saturday, 01st September 2007

10.00 - 10.45 am training for final synchronised women and men
11.00 - 12.00 am finals synchronised women and men
02.45 - 03.45 pm training for finals trampoline individual and tumbling women and men
04.00 - 05.00 pm finals tumbling women and men
05.00 - 06.00 pm finals trampoline individual women and men
06.00 pm closing ceremony
09.00 pm banquet

Sunday, 02nd September 2007

Departure of delegations

13. ORIENTATION MEETING

The Orientation Meeting will take place on Thursday, 30th August 2007
at 08.00 - 08.30 pm in Cafe Sports Hall

14. TRAINING – WARM UP

The official training by timetable in competition hall will begin on Thursday, 30th
August 2007 at 02.00 - 08.00 pm. / see enclosure – GENERAL PROGRAM / .

15. EQUIPMENT

4 Eurotramp Trampolines with 6 x 4 mm beds.

Tumbling truck: „Acrosport”

16. JUDGES INSTRUCTION AND MEETING

The Judges Meeting will take place on Thursday, 30th August 2007
at 08.30 - 09.00 pm in Cafe Sports Hall.

All participating federations must provide at least one judge with a valid FIG Brevet (minimum category III) in good standing for each discipline (TRA, TUM) in which they have participants. Failure to provide judges as mentioned above will result in a FIG fine/charge of Swiss Francs 2.500,00 to be paid to the organizing committee by the federation concerned. All judges must participate in the judges meetings.

17. DRAWING OF LOTS FOR JUDGES

The judges will be drawn after Judges Meeting on Thursday, 30th August 2007 from those that were put forward by the federations.

18. COMPETITION CARDS / see you www.pzas.org.pl /

Competition card any athlete's profiles must be returned to the Competition Office at the Orientation Meeting / Thursday, 30th August 2007, 08.00 pm / at the latest.

19. NO SMOKING POLICY

Please note that it is strictly forbidden to smoke in the venue complex.

20. MEDICAL SERVICES & ROOM

The Organizing Committee will provide medical services. A special room is marked with "Medical Room".

21. MARCH IN

The competitors are asked to assemble in the assembly area / training hall / 5 minutes prior to each competition. The athletes have to wear the competition dress.

The judges are asked to be on their panel places and welcome the competitors during each march in.

22. WARM UP

Immediately prior to the **Qualification Round** each Groups will have **10 minutes** of warm-up on the competition apparatus.

For the **Finals Competitions**, trampoline finalists will have **30 second** warm-up / **one touch** / and tumblers will have **3 runs** immediately prior competition

23. COMPETITION ATTIRE

The competition dress is as per Code of Points § 6.

24. VIDEO RECORDING

All routines and passes will be recorded on videotapes.

25. OPENING CEREMONY

The short opening ceremony will take place on Friday, 31st August 2007 at 05.30 pm. Each delegation is requested to send **only one athletes** or the march-in.

26. AWARD CEREMONIES AND PRIZE MONEY

The award ceremony will take place on Saturday, 01st September 2007 at 06.00 pm. **Only the medal winners and one best coach / gold medal / are invited to participate. Competitors must appear in their competition attire.**

Prize Money

The Organizing Committee offers prize money for the top gymnasts in individual trampoline, tumbling and pairs in the synchronized trampoline competitions:

<i>Per discipline</i>	<i>CHF</i>
<i>1st place</i>	<i>750.-</i>
<i>2nd place</i>	<i>500.-</i>
<i>3rd place</i>	<i>250.-</i>

Closing ceremony will be held after award ceremonies.

27. WELCOME RECEPTION

A Welcome Reception will take place Thursday, 30th August 2007 at 03.00 pm in town – hall , 1 person from each delegation.

28. BANQUET

The banquet will take place on Saturday, 01st September 2007 at 09.00 pm in training hall. All delegations / accredited members / are invited.

29. ENTERED GYMNASTS AND FEDERATIONS

1	ALGERIA	ALG
2	AUSTRALIA	AUS
3	BELARUS	BLR
4	BELGIUM	BEL
5	CANADA	CAN
6	CHINA	CHN
7	CZECH REPUBLIC	CZE
8	DENMARK	DEN
9	SPAIN	ESP
10	FRANCE	FRA
11	GERMANY	GER
12	GREAT BRITAIN	GBR
13	GREECE	GRE
14	ISRAEL	ISR
15	ITALY	ITA
16	JAPAN	JAP
17	KAZAKHSTAN	KAZ
18	MOLDOVA	MDA
19	POLAND	POL
20	PORTUGAL	POR
21	RUSSIA	RUS
22	SLOVAKIA	SVK
23	SWITZERLAND	SUI
24	USA	USA
25	UZBEKISTAN	UZB

30. A SPORTS HALL - PLAN

See enclosure

SEE YOU IN ZIELONA GORA – POLAND !!!

ORGANIZING COMMITTEE